

Welcome to Immersive Learning with Strivr. Whether you are helping others train or getting ready to take a training experience yourself, these steps walk you through preparation, training, and cleanup.

1. Clear the space

Immersive Learning experiences require a space clear of obstacles where you can move your arms freely. Have a swivel chair handy in case the experience should be taken sitting down. Remember you can turn to look behind you because you will be in a 360-degree environment.



2. Prepare the headset

Unplug the headset from its charging cable. Do not start training if the indicator light next to the Power button is red. A red light indicates the headset is at less than 15% charge.

3. Learn to use the controller

The trigger button is under your index finger—you'll use it to select items in the virtual environment. Re-center the controller by pressing and holding the Oculus button for two seconds. It's important not to touch the Oculus button again during training unless you need to re-center. Use the Back button to pause/exit to the menu (if available.)

4. Put on the headset

Loosen the velcro straps on the top and sides of the headset. Put the headset on over your eyes first (or glasses, if you wear them) and then slip the straps over your head. Adjust the headset up or down on your face until the image is clear. If using headphones, put them around your neck first, then after putting on the headset lift the headphones over your ears. If your screen is black, you may have tapped the Power button. Press the Power button again to wake the headset.



5. Log in

Enter your Login ID inside the headset. (Use 0 for demos or test sessions.)

6. Complete training and log off

After completing the training, select the Log Off button inside the headset. This is important to capture accurate training session data.

7. Clean and disinfect the headset

Use a wet antibacterial wipe to clean the headset straps, headphones, foam padding, and controller. Avoid touching the lenses of the headset with the wet wipe. Make sure to follow your company's specific cleaning & disinfecting instructions.

8. Plug in the headset

Plug the charging cable back into the headset. Follow the charging cable back to the USB hub and verify the hub port displays a blue light. If a connected port does not show a blue light, the headset is not fully connected and is probably turned off. If a headset is not fully connected, it can't transmit data or receive new content, and learners will not get credit for training. Disconnect it, hold the power button down until the headset chimes, and then reconnect it. When a headset is powered on, holding the headset up to your eyes causes the screen inside to illuminate.

9. Complete the feedback survey

If your company offers a feedback survey, make sure to complete it.

Health & Safety Warning

While using the headset, you will not be able to see or hear your surroundings. Loss of balance may occur. To avoid injury, allow enough space for full body motion. Stop use if you have any health reactions or discomfort. For more information, see www.strivr.com/warnings.